

Practical Exercises

Low G Doublings
(G and D Gracenote)



Low A Doublings
(G and D Gracenote)



B Doublings
(G and D Gracenote)



C Doublings
(G and D Gracenote)



D Doublings
(G and E Gracenote)



E Doublings
(G and F Gracenote)



F Doublings
(G and G Gracenote)



High G Doublings
(High G, F, High G)



High A Doublings
(High A then Strike)



Throw on D
(Low G, D, C, D)



Grips (Leumluath)
(Low G, D Gracenote)



Birl



G Gracenote Birl



Tarluath
(Grip with E Gracenote to Low A)



Tachum
(G Gracenote & D to Low A)



Doubling Tachum
(Doubling then E Gracenote)

